

## **Monday Morning Rewind – September 11, 2006**

Since Pastor Randy was gone this Sabbath I thought I would share the "rewind" for this week. Our video sermon presented some ideas about bitterness that may have landed on some tender spots in our lives. In my life I have experienced an emotionally locked heart.

And when you have a locked heart it is hard to care for those around you or even for yourself. In John 15:12 Jesus as He is on his way to Gethsemane and His death gives us this command, "love one another as I have loved you." And also in Matt 22:37-40 He tells the Pharisees that all the law and all the prophets hang on the love of God and fellow man.

Many times in our lives there are issues that hold us back from loving. I pray that if you felt pain this week as you listened to the video you would plan to join the group lead by Al Kirby at our church on Wed. nights. He will be presenting the 12 week DVD series that you saw a sample of in church this week. The series will give you the tools you need to be free from a locked heart. Free to love your spouse, your family, and your God. The most beautiful thing about the freedom is that Jesus does all the work.--Nick Voth